breakfast

continental breakfast

Stand-up breakfast

Included

Self-serve espresso coffee

Hot chocolate

Selection of T bar teas

Fresh Start juice – cloudy apple, river mint, orange & roasted pineapple **GF, HF, NF, PB**

House-made apple & cassia bark granola, vanilla & coconut yoghurt **HF, NF, PB**

Assorted muffins & Danish pastries **HF, NF, V**

Sliced seasonal fruits **GF, HF, NF, PB**

Choice of (select one):

Barossa Valley smoked ham* & Murray Bridge aged cheddar cheese croissant **NF**

Heirloom tomato & Murray Bridge aged cheddar cheese croissant **HF, NF, V**

Barossa Valley bacon*, Clare Valley folded egg, Beerenberg tomato chutney, brioche bun **NF**

Chicken & native thyme sausage, caramelised onion, American cheese, damper roll **NF**

Grilled La Casa Del Formaggio haloumi, portobello mushroom, native verde, brioche bun **HF, NF, V**

Grilled eggplant, sautéed mushroom & spinach slider **HF, NF, PB**

Sundried tomato pesto & pecorino savoury muffin **HF, NF, V**

Butterfly pea flower coconut chia pudding, pumpkin & sunflower seed granola crunch **GF, HF, NF, PB**

Breakfast bowl: brown rice, sweet corn, capsicum, black bean, avocado mash,
cold soft boiled egg **DF, GF, HF, NF, V**

Breakfast bowl: cured Hiramasa kingfish, dill & tarragon rice, grilled zucchini,
pickled shallots, wakame **DF, GF, NF**

Upgrade your continental breakfast with additional item(s) from the above list for an additional charge.

*All bacon & ham used at Adelaide Convention Centre is certified nitrite free.

DF – dairy free   **GF** – gluten free   **HF** – halal friendly   **NF** – nut free   **PB** – plant based   **V** – vegetarian

seated breakfast

Select one item from the Choice range or upgrade to an alternate drop with the choice of additional sides

Included

Brewed coffee

Hot chocolate

Selection of T Bar teas

Fresh Start juice — cloudy apple, river mint, orange & roasted pineapple **GF, HF, NF, PB**

House-made apple & cassia bark granola, vanilla & coconut yoghurt **HF, NF, PB**

Sliced seasonal fruits **GF, HF, NF, PB**

Choice (select one)
Additional charge per person for alternate drop

Choice of scrambled or poached Clare Valley free range eggs, Barossa Valley bacon*,
pork & fennel sausage, truss tomatoes, sautéed mushrooms, toasted ciabatta **NF**

Poached Clare Valley free range eggs, Adelaide Hills Harris Smokehouse cold smoked salmon,
herb potato rosti, sautéed leek, charred broccolini, dill hollandaise, micro herbs **GF, HF, NF**

Poached Clare Valley free range eggs, sautéed wild mushrooms, saltbush tomato, Warrigal greens,
native verde, gluten free English muffin **DF, GF, HF, NF, V**

Grilled hot honey haloumi, portobello mushroom, Warrigal greens, roasted roma tomato,
gluten free French toast **GF, HF, NF, V**

Additional sides

Barossa Valley bacon* **DF, GF, NF**

Adelaide Hills Harris Smokehouse cold smoked salmon **DF, GF, HF, NF**

Barossa Valley pork & fennel sausage **DF, GF, NF**

Smashed native thyme roasted kipfler potatoes **GF, HF, NF, V**

Burnt broccolini **GF, HF, NF, PB**

Sautéed Warrigal greens **GF, HF, NF, PB**

Grilled La Casa Del Formaggio haloumi **GF, HF, NF, V**

Sautéed portobello mushroom, native basil **GF, HF, NF, PB**

Saltbush roma tomato **GF, HF, NF, PB**

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grab & go breakfast

Individually boxed breakfast, ideal for offsite breakfasts or for delegates on the move.

All items are nut free. Additional individual dietary requirements will be catered upon request.

Unfortunately, last minute dietaries cannot be accommodated. Select one from the choices below.

Option 1

Barossa Valley ham*, cheddar cheese, boiled egg, rocket, house-made chutney on focaccia

Whole fruit

Fleurieu yoghurt

White chocolate & lemon myrtle muffin

Bottled water

Option 2 (vegetarian)

Encounter Bay Edam cheese & roasted pumpkin frittata with native herbs

Danish pastry

Whole fruit

Fleurieu yoghurt

House-made Davidson plum & white chocolate chip slice
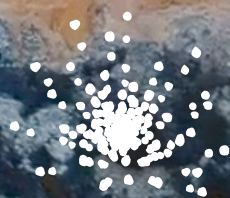
Bottled water

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